

Health Networks

Quarterly Report

October - December 2020



80

Responses on the development of high-level strategies for education and awareness raising of Advance Care Planning and Advance Health Directives¹

86

Responses to online road-testing to further refine and shape the revised Advance Health Directive²

6

Government Departments and 1 peak body collaborating on the Food Fix Report Implementation Plan³



4

Webinars held on Preparing for voluntary assisted dying in WA: Learning from the Victorian experience⁴

37

Responses to the Western Australian Men's Health and Wellbeing Policy: 12 Month Check-Up⁵

1920

Advance Care Planning packs sent out⁶



3

Milestones met for the Healthy Weight Action Plan⁷

104

Attendees at the 53rd Clinical Senate⁸

4

Newly Localised Pathways were opened for consultation to obtain clinical input for HealthPathways⁹

HEALTH NETWORKS

Quarterly Report Notes

October – December 2020



- 1) **80** people and organisations had their say on the development of high-level strategies for education and awareness raising of Advance Care Planning (ACP) and Advance Health Directives (AHD) in the community and amongst health professionals in WA.

ACP (https://www.healthywa.wa.gov.au/Articles/A_E/Advance-care-planning) is an ongoing discussion between you, your loved ones and your health care professionals. It involves learning about the different choices available and choosing the type of medical care that is best for you. These high level ACP education and awareness raising strategies are being developed following recommendations from the [My Life My Choice Report](#) and a subsequent [Ministerial Expert Panel report on Advance Health Directives](#).

- 2) **86** responses to an online road-testing survey to further refine and shape the revised AHD (https://healthywa.wa.gov.au/Articles/A_E/Advance-Health-Directives). The survey sought feedback on the draft revised AHD which was developed following the first round of broad consultation earlier in 2020. An AHD is a legal document that enables an individual to make decisions about the treatment they would want -or not want - to receive if they ever became sick or injured and were incapable of communicating their wishes.

In addition, over **60** attendees participated in the revised AHD road-testing consultation workshops. A broad range of stakeholders attended across 5 workshops which included a focus group for Aboriginal people and a focus group for people from Culturally and Linguistically Diverse (CALD) backgrounds. The feedback from the road-testing workshops and the road-testing survey have informed further revisions to the AHD template.

- 3) Six (**6**) Government Departments and one (**1**) peak body collaborating on the Food Fix Report Implementation Plan. These include:
 - Department of Health,
 - WA Country Health Service
 - Women's and Newborns Health Service
 - Diabetes and Endocrine Health Network
 - Public and Aboriginal Health
 - Clinical Excellence Division
 - Purchasing System and Performance
 - Strategy and Governance
 - Department of Primary Industry and Regional Development
 - Department of Communities
 - Department of Local Government, Sport and Cultural Industries
 - Department of Treasury
 - Department of Premier and Cabinet
 - WA Local Government Association



SHARE

- 4) Four (**4**) webinars held on Preparing for voluntary assisted dying in WA: Learning from the Victorian experience. Throughout November the Implementation Leadership Team (ILT) for voluntary assisted dying in WA hosted a series of webinars in partnership with Victorian service providers. This was an opportunity for Western Australian services to learn from the preparation and implementation experiences of providers who have been delivering voluntary assisted dying in Victoria since June 2019. More information is currently available at the WA Department of Health's voluntary assisted dying website (<https://ww2.health.wa.gov.au/voluntaryassisteddying>)
- 5) **37** responses to the Western Australian Men's Health and Wellbeing Policy: 12 Month Check-Up. The first anniversary of the launch of the Western Australian Men's Health and Wellbeing Policy (the Policy) was celebrated in Men's Health Week 2020. Responses to an online consultation were sought to understand; the level of awareness of the Policy, men's health and wellbeing related activities that have been carried out, and any issues and/or opportunities that have arisen. The 12 Month Check-Up Report can be accessed here (https://ww2.health.wa.gov.au/Articles/U_Z/WA-Mens-Health-and-Wellbeing-Policy), under "Publications".
- 6) **1,920** Advance care planning packs sent out in October, November and December 2020. Advance Care Planning is an ongoing discussion between you, your loved ones and your health care professionals. It involves learning about the different choices available and choosing the type of medical care that is best for you. For more information go to: https://www.healthywa.wa.gov.au/Articles/A_E/Advance-care-planning



IMPROVE

- 7) **3** milestones met for the Healthy Weight Action Plan. Including:
 - a. Almost 70 attendees to the Obesity Collaborative Opening Discussion Forums in November 2020.
 - b. 39 attendees to the Health Weight Action Plan Deliberative Forum to support the development of Quality Standards for Commissioning Activity.
 - c. Release of [Shift. A guide for media and communications professionals](#) which is a new communications tool which aims to change the narrative on obesity. The guide was delivered by the East Metropolitan Health Service and funded by the Health Networks Unit as part of the implementation of the [WA Healthy Weight Action Plan 2019–2024](#) (https://ww2.health.wa.gov.au/Articles/U_Z/WA-Healthy-Weight-Action-Plan)

- 8) **104** attendees at the 53rd Clinical Senate. In their final debate for the year, members of WA's Clinical Senate turned their attention to care in the last 1000 days of life. The Senate debate led to five recommendations which were endorsed by the Health Executive Committee (HEC). A report on the debate and the recommendations will be published to the Clinical Senate webpage (<https://ww2.health.wa.gov.au/Improving-WA-Health/Clinical-Senate-of-Western-Australia>) shortly.
- 9) Four (**4**) Newly Localised Pathways were opened for consultation to obtain clinical input for HealthPathways along with 5 Pathways recently reviewed with notable changes.

The WA health system in partnership with the WA Primary Health Alliance (WAPHA) ensures pathways are developed and customised for WA, with the key focus on improving integration between primary, secondary, and tertiary care. Health Networks continues to facilitate the consultation process for the newly developed and reviewed pathways.

In this reporting period, input and feedback were sought from clinicians via online consultation in November 2020 for the following pathways:

<u>Newly Localised</u>	<u>Subsequent review</u>
<p>Diabetes</p> <ul style="list-style-type: none"> • <i>Types of Insulin</i> <p>Ophthalmology</p> <ul style="list-style-type: none"> • <i>Allergic Conjunctivitis</i> • <i>Infective Conjunctivitis</i> • <i>Iritis (Anterior Uveitis)</i> 	<p>The following pathway has been recently reviewed with notable changes:</p> <p>Infectious Diseases</p> <ul style="list-style-type: none"> • <i>Acute Rheumatic Fever</i> <p>Diabetes</p> <ul style="list-style-type: none"> • <i>Insulin in Type 2 Diabetes - Adults</i> <p>Ophthalmology</p> <ul style="list-style-type: none"> • <i>Red Eye in Adults</i> <p>Mental Health</p> <ul style="list-style-type: none"> • <i>Depression in Adults</i> • <i>Medications for Depression in Adults</i>